



Established in 1934

New Forest Cycling Club

Boxing Day 10

Monday 26th December 2022 – 9:30 am

This event is being promoted for and on behalf of Cycling Time Trials under their Rules and Regulations.

The Boxing Day 10 has traditionally been a fun event to end the year, although we have still seen fast times in previous years. Fancy dress is encouraged and there are prizes for the best costumes.

Please note that new CTT regulations have come into force from December 2021.

These are:

- **ALL riders must use a front light attached to their machine. [Regulation 14(j)].**
(Please note that you should already have a rear light.)
- **ALL riders now must wear a helmet. [Regulation 15].**

Any rider without a front and rear light, and a helmet, will not be able to start the event.

PLEASE NOTE: Due to Covid 19 considerations the following will apply:

- Competitors should not attend if they feel ill in ANY way or if family members have any symptoms.
- There will be no pusher-off at the start. Competitors will start with one foot on the ground and push off themselves.
- The HQ will be well ventilated, with windows and doors open where possible. Dress warmly!

Any rider observed riding in a manner which may jeopardise his or her own safety, the safety of others and the future of the Sport will be disqualified and reported to the South District Council of Cycling Time Trials.

Event Secretary: Catherine Pascoe, Vicarage, Preston Lane, Burton, Christchurch, Dorset. BH23 5JU. Telephone: 07964829454

Time Keepers: Antony Green – New Forest CC
Maggie Bracher – New Forest CC
John Burridge – New Forest CC

HQ and Parking:

HQ: Activities Hall,
Greyfriars Community Centre,
44 Christchurch Road,
Ringwood,
Hampshire.
BH24 1DW

Parking for the event:

Free parking is available at Greyfriars Community Centre in the Members Only and Library car parks. We have been given permission to use this area.

Enter the free parking area via the main Greyfriars entrance from the north just off the mini roundabout on the Christchurch Road into Bickerley Gardens, or from the south via Bickerley Gardens. Please note that the northern part of Bickerley Gardens is one way only.

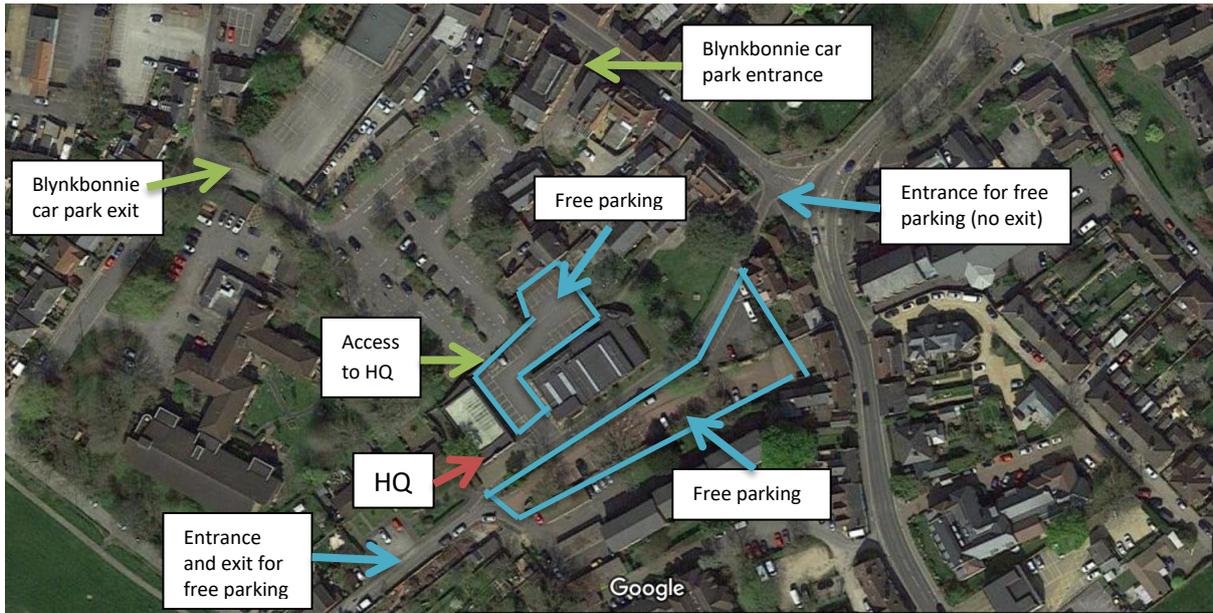
Free parking is on a first come first served basis.

Parking also available at: Blynkbonnie car park
Christchurch Road,
Ringwood,
Hampshire.
BH24 1DN – nearest postcode for entrance

Parking charges apply at Blynkbonnie car park if you don't have a New Forest District Council 'parking clock'. Charges are 1 hour - £1; 2 hours - £2; 3 hours - £2.50; 4 hours – £3.

The HQ is next to Blynkbonnie car park and will be signposted with arrows.

The map below shows where all the parking areas are. Please be aware that this is a residential area, so keep noise to a minimum. We would like to use this HQ again!



Signing on and toilets/changing

Signing on will take place inside the Activities Hall. Collect your number from the table. **YOU MUST** come back after your race to sign back out and return your number.

Toilets are available inside the HQ. You may leave belongings in the HQ as people will be there for the entire duration of the event.

Fancy dress costumes

Please come to the HQ before your race to show off your fancy dress costumes so that we can allocate prizes for the best creations after the event.

Riding to and from the start and finish: **follow:**



From HQ to start: 0.5 miles.

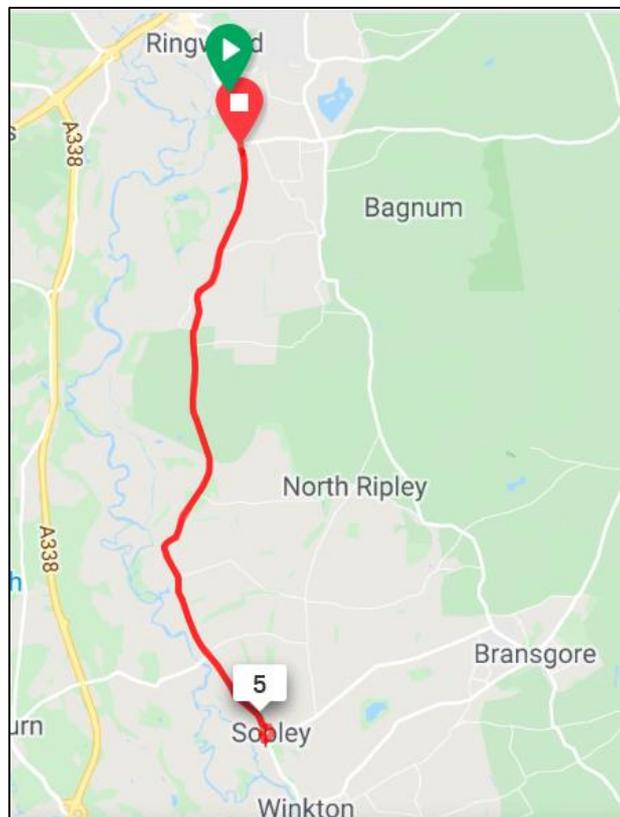
From free parking area, ride south along Bickerley Gardens and turn left into Bickerley Road. From Blynkbonnie car park turn left into Kingsbury's Lane and turn left onto Bickerley Road. Then follow to roundabout on Christchurch Road and turn right. Continue on Christchurch Road to roundabout at Wellworthy Road and the Lidl supermarket. Turn left into Wellworthy Road.

Please allow time to get to the start. There is plenty of space within the industrial estate at the start where you can continue to warm up. Please be aware of potential traffic from the Premier Inn.

From finish to HQ: 0.9 miles. Continue north on Christchurch Road to roundabout at Wellworthy Road and Lidl supermarket. Go straight across and continue on Christchurch Road to next roundabout at Bickerley Road. Turn left into Bickerley Road and right into Bickerley Gardens to reach the HQ and the car park.

P311 - Full Course Description:

START at first lamp post in Wellworthy Road (SU 15346 04443), proceed west for 32 yards to new roundabout on B3347. Turn left (**CARE – Give Way**) onto Christchurch Road. Proceed south via Bisterne and Avon to Sopley one-way system. (5.05m). Turn right over bridge at the Woolpack pub and retrace to Ringwood via Avon and Bisterne to **FINISH** at drain 10 yds south of junction with Hampshire Hatches Lane at Moortown Green. (SU 15383 03818)



Course map

Safety Notes:

Riders must:

- not make U turns in the vicinity of the Start or Finish
- not warm up on the Course.
- not stop at the Finish but continue to the event Headquarters.
- not cut the corner at Sopley one-way system on first right turn as road is two-way at this point

Take Extra Care:-

- From start to Moortown Lane – busy with houses and side roads, busy garage on left, finish on right.
- Avon Causeway - beware of traffic stopping to turn right or emerging onto course.
- Very rough road surface before and after right turn by Woolpack Pub at Sopley.

Results:

Results will be written up on a results board at the HQ as they come in. Results will also be published on the CTT website and will be emailed out to all riders after the event.

Prizes:

There will be a prize presentation at the HQ. Prizes will be awarded to male and female riders in the following age categories, as shown. Any mismatches in gender prizes are only due to having few or no riders in that particular category.

Category	Finishing position				
Juvenile boys	1st				
Junior men	1st	2nd			
Junior women	1st				
Espoir men	1st				
Senior men	1st	2nd	3rd		
Senior women	1st	2nd			
Vet 40 men	1st	2nd	3rd		
Vet 40 women	1st				
Vet 50 men	1st	2nd	3rd		
Vet 50 women	1st	2nd			
Vet 60 men	1st	2nd	3rd		
Vet 60 women	1st	2nd			
Tandem teams	1st	2nd	3rd		
Fancy Dress	1st	2nd	3rd	4th	5th

Prizes will consist of bike related gifts and will be chosen by each prize winner from a selection.

Prizes are of approximately equal value.

